

QuestFest 2010

9th and 10th of October 2010

We're Heading for Reading!!!

After the excitement generated at our very first gathering we were advised by Doctors (and begged by jealous rivals) to make this a bi-annual event. Well Ok. But it means that we're going to pack in even more learning, laughter, and other things that don't necessarily begin with the letter L.

Pack a cold shower, and let's get the party started!!

Dr Susan Blackmore



Questions who saw Susan speak at the NCH Extravaganza will know why we immediately wanted her to be our main speaker. Sue has the fabulous ability of communicating complex issues in a way that is not only understandable, but highly entertaining. Rob Woodgate trying to feel like a bashful bat is a sight to remember.

Memes have long had an important role in Cognitive Hypnotherapy, and Sue's 1999 book *The Meme Machine* remains the clearest exposition of the theory. Look forward to being enthralled.

Sue is in great demand as a speaker, has many writing commitments, and never fully commits more than twelve months ahead of time, so we need to keep our fingers crossed for a few months. If she can't make it, we've tracked Elvis down and have threatened to re-release *Blue Hawaii* unless he comes to Reading.

Oliver James

If you haven't read *They F*** You Up*, or *Affluenza*, you will have heard them mentioned many times during the Diploma course. They're two of our favourite books, so we're really pleased at Oliver's acceptance of our invitation. He is a clinical psychologist by training, but is best known for his thought-provoking books, and is currently a columnist for the *Guardian*. He's a regular pundit on TV, and has produced and directed a great range of programmes, mainly with a psychological theme.

We think that Oliver's views on modern culture will strike a chord with a Quest audience and give us all a lot to think about.



Dr David Hamilton



David was one of our inaugural speakers, and Bex and Jan were pretty insistent that we invite him back. I'm not sure why...

David is a voracious researcher into all things connected to neuroscience, and we have no idea what he's going to be speaking about, because he probably hasn't discovered it yet. But it will be cutting edge and delivered in a wonderful way - complete with Scots accent. Oh, that's why...

QuestFest 2010

Conference Programme

Saturday

- 9am:** Coffee, registration and a group hug!
- 9.30am:** Welcome from Trevor and Bex
- First Speaker:** Oliver James
- 10.45am:** Coffee
- 11.05am:** Oliver James
- 12.30pm:** Lunch
- 1.30pm:** Dr Susan Blackmore
- 2.30pm:** Coffee
- 2.50pm:** Dr Susan Blackmore
- 3.50 – 4pm:** Comfort break
- 5pm:** End of session - to the bar, the spa, the golf course or the climbing wall
- 7pm:** Pre-dinner drinks
- 7.30pm:** QuestFest dinner followed by dancing til you drop.



Sunday



- 9.30am:** Dr Susan Blackmore
- 10.45am:** Coffee
- 11.05am:** Dr Susan Blackmore
- 12.30pm:** Lunch
- 1.30pm:** Dr David Hamilton
- 2.30pm:** Coffee
- 2.50pm:** Final session Dr David Hamilton
- 4pm:** Conference closing from Trevor and Bex
- 4.10pm:** Prising you apart after the closing group hug and comforting those who are too tired and emotional for immediate travel. Remember, Questfest will return in 2012.

Please bear in mind that I've written this over a year ahead, so I reserve the right for it to look nothing like this on the day. We will update you as we countdown.

Location - Wokefield Park

This venue promises top posh for your dosh! A DeVere Venues Hotel, with indoor pool, gym, 18 hole PGA golf course, a steam room, bake and grill and a superb restaurant in the Mansion House for our Saturday night Gala knees up.



When we tested it,
our swankyometer actually broke!!